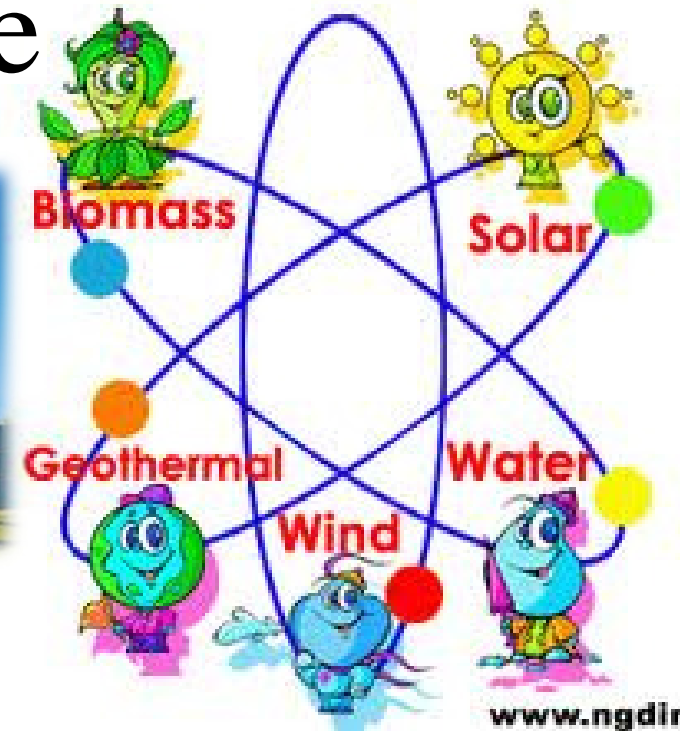
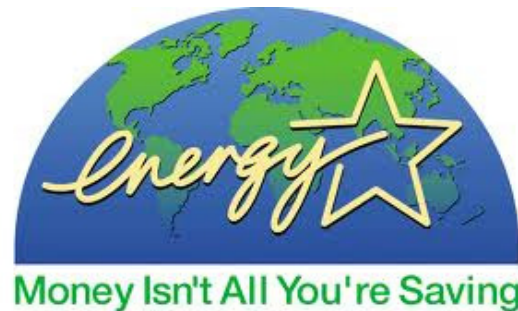


# Main Ideas Today



- Work Done by a Constant Force
- Work-Energy Principle
- Kinetic Energy



Extra Practice Problems: 5.1, 5.3, 5.5, 5.7, 5.9,  
5.11, 5.13, 5.15, 5.17

A cable attached to a car **lowers the car down** the ramp (angle  $\alpha$ ).

Which direction should friction point?

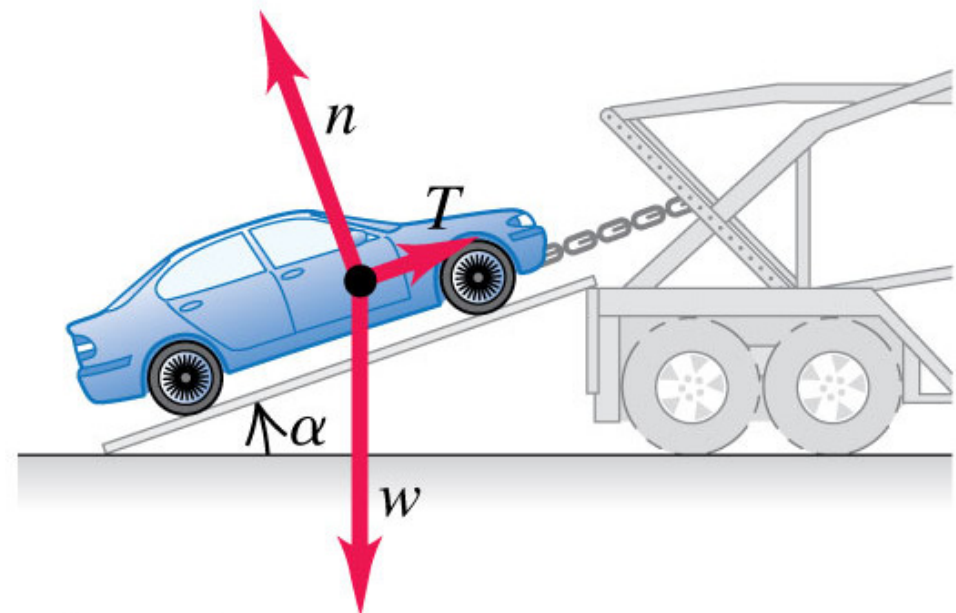
A. 

B. 

C. 

D. 

E. not enough information given to decide



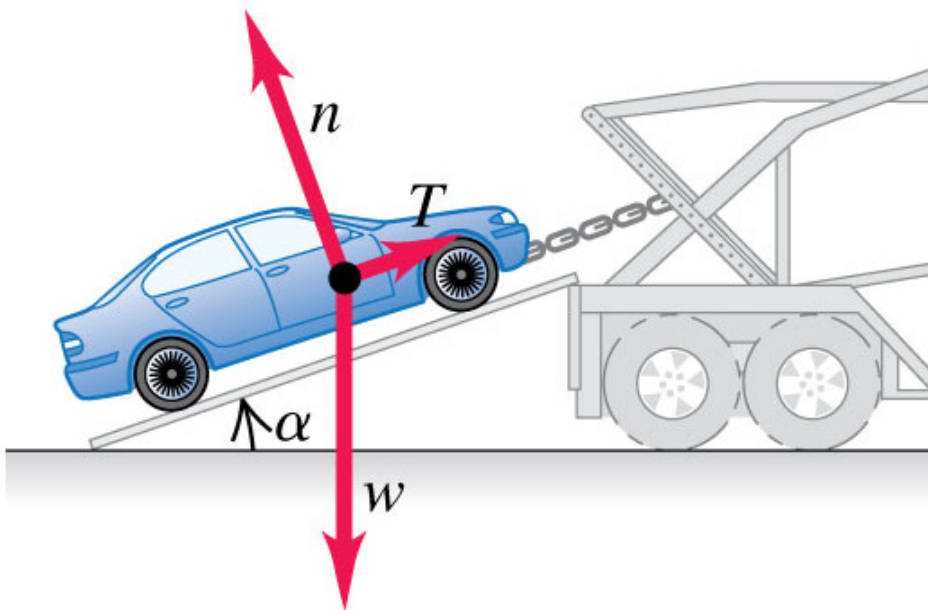
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Q49

# Definition: Mechanical Work

- **Work** is what is accomplished **by a force** acting on an object (i.e., movement in the direction of that particular force)
- Work is a **scalar** quantity - no direction
- It can, however, be either **positive** or **negative**. **Positive** if the object moves at least partly in the direction of the force. **Negative** if moves at least partly in the opposite direction.
- Zero if moves in direction perpendicular to the force.



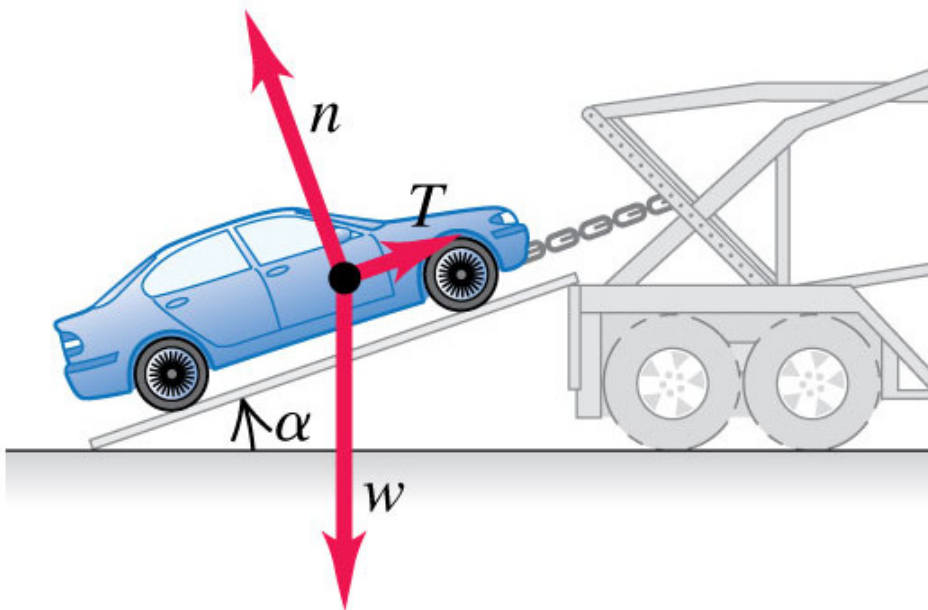
Here we could discuss the work done by Tension, Friction, Gravity or the Normal Force.

# What is the sign of the work of each force?

Car Going Up the Ramp

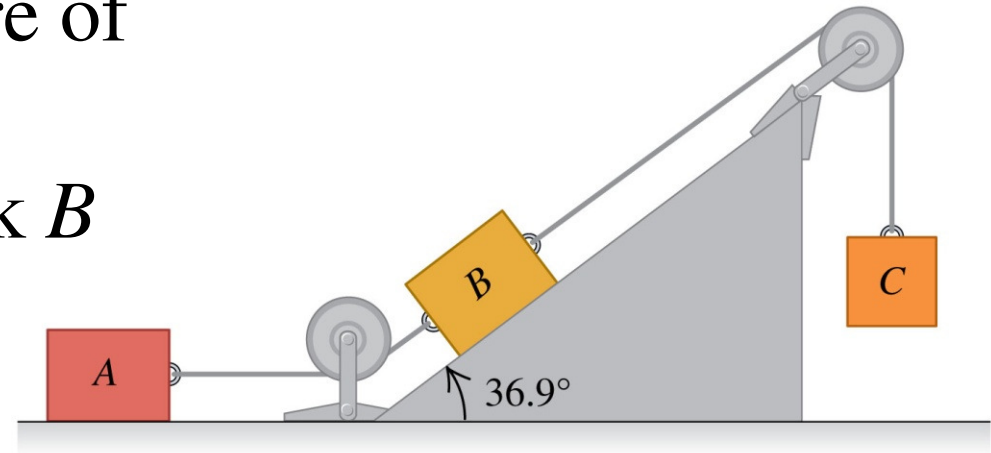
Car Going Down

- Tension Positive
- Gravity Negative
- Normal force Zero
- Friction Negative



The work done by kinetic friction is always negative, since it always points in the direction opposite of motion.

Three blocks are connected as shown. The ropes and pulleys are of negligible mass. When released, block  $C$  moves downward, block  $B$  moves up the ramp, and block  $A$  moves to the right.



**After each block has moved a distance  $d$ , the force of gravity has done**

- A. positive work on  $A$ ,  $B$ , and  $C$ .
- B. zero work on  $A$ , positive work on  $B$ , and negative work on  $C$ .
- C. zero work on  $A$ , negative work on  $B$ , and positive work on  $C$ .
- D. none of these

The sign of the work done by gravity depends on if the object moves up or down.



# Work Done by a Constant (or Average) Force

- Force  $\mathbf{F}$  acting on an object causes the object to move a distance  $\Delta x$  does work  $W$

$$W = F_{\parallel} \Delta x$$

Or equivalently:  
Only concerned with  
movement in the  
direction of the force

$\Delta x$  displacement of object

$F_{\parallel}$  component of force parallel to displacement of object

Units:  $\text{N m} = \text{Joule (J)}$

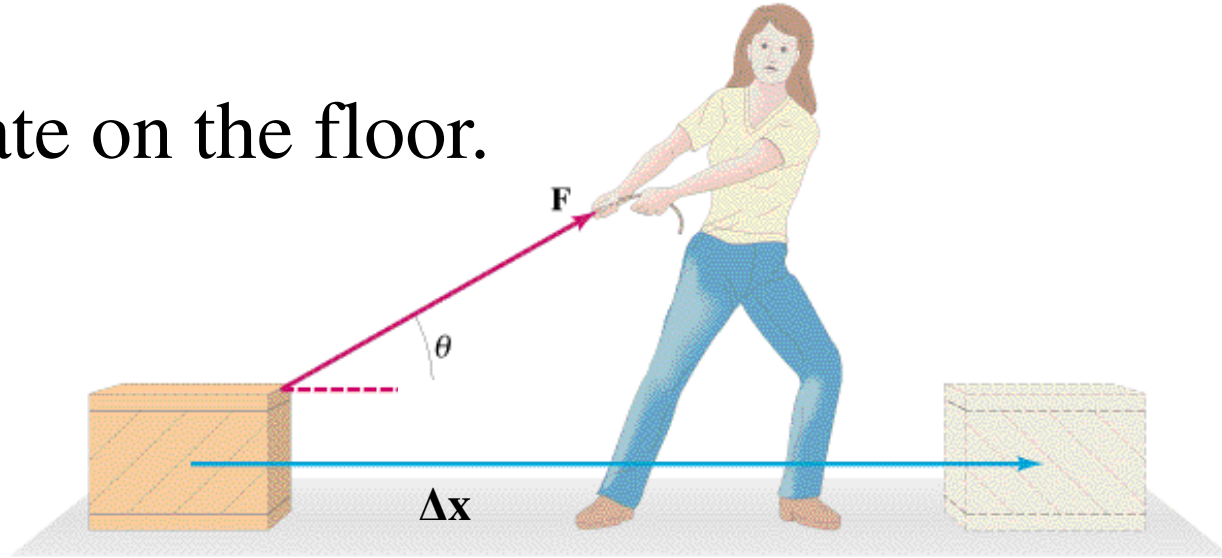


# Work Done by a Constant Force

Ex: Person pulling a crate on the floor.

$$F_{\parallel} = F \cos \theta$$

$$W = (F \cos \theta) \Delta x$$

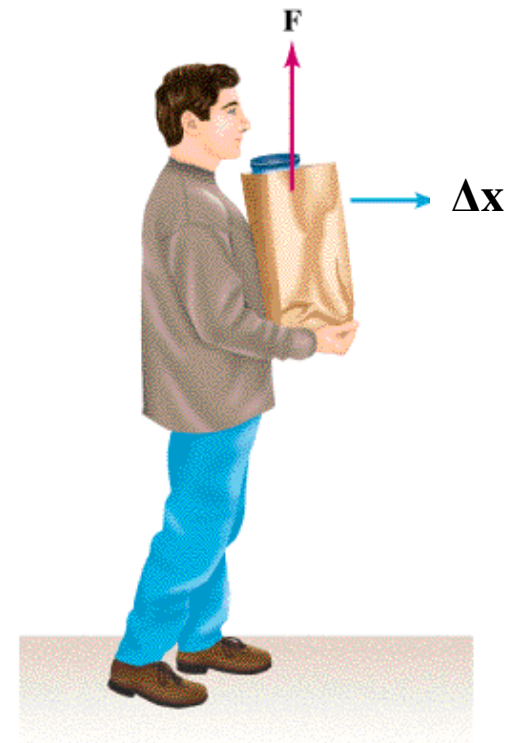


What is the component of the force  
along the direction of motion?

Ex: Person carrying bag of groceries at  
constant speed

$$F_{\parallel} = 0$$

$$W = F_{\parallel} \Delta x = 0$$

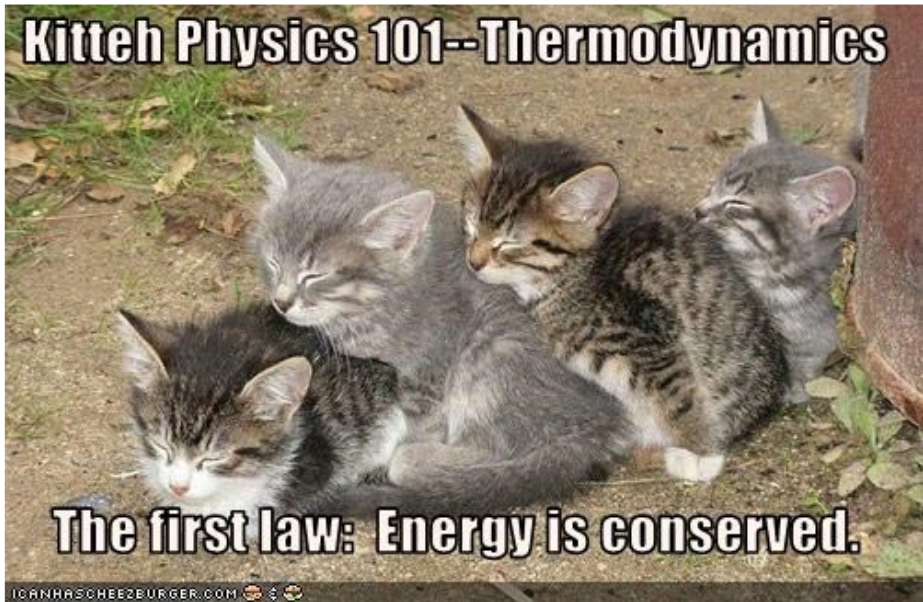




A person lifts a bag of groceries that weighs  $15\text{ N}$  from the ground to a height of  $1.5\text{ m}$  above the ground at a **constant velocity**.

Calculate the work done **by the person** on the bag and the work done **by gravity**.





# Energy

- **Energy** is always **conserved** - neither increased nor decreased.

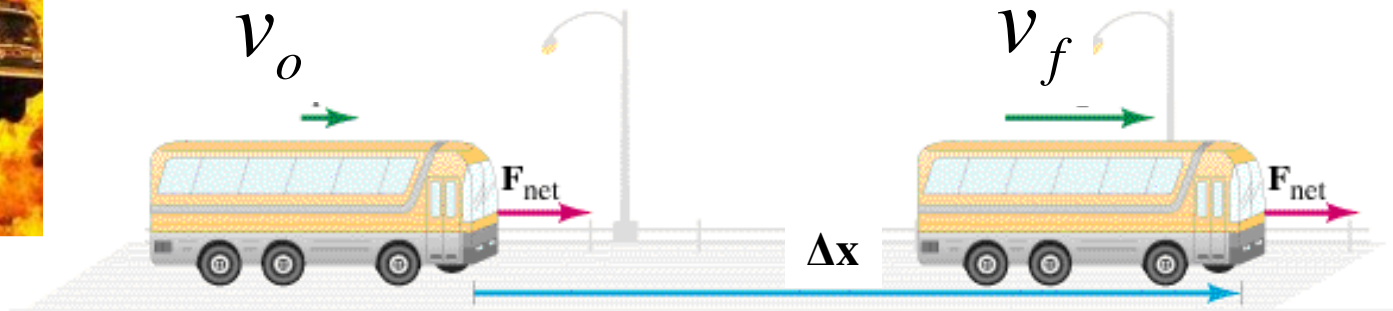
However, it can be converted to heat. (in Ch.11)

- Energy can be derived from  $W = F_{\parallel} \Delta x$  and one of our formulas from Chapter 2. (you don't need to derive)
- Let's do that. We start by finding the work done when we change the speed of an object.



# The Work-Energy Principle

Relates net work done on an object to the change in its speed



Constant net force changes velocity from  $v_1$  to  $v_2$  over a distance  $\Delta x$

$$v^2 = v_o^2 + 2a\Delta x \quad \Rightarrow \quad a = \frac{v^2 - v_o^2}{2\Delta x}$$

$$\Rightarrow F_{net} = ma = m \left( \frac{v^2 - v_o^2}{2\Delta x} \right)$$

$$\Rightarrow W_{net} = F_{||} \Delta x$$

$$W_{net} = \frac{1}{2} m v^2 - \frac{1}{2} m v_o^2$$

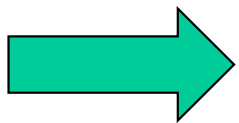
# The Work-Energy Principle

The work done on an object by a **net** force is

$$W_{net} = \frac{1}{2}mv^2 - \frac{1}{2}mv_o^2$$

Translational kinetic energy (energy of motion) of an object:

$$KE = \frac{1}{2}mv^2$$

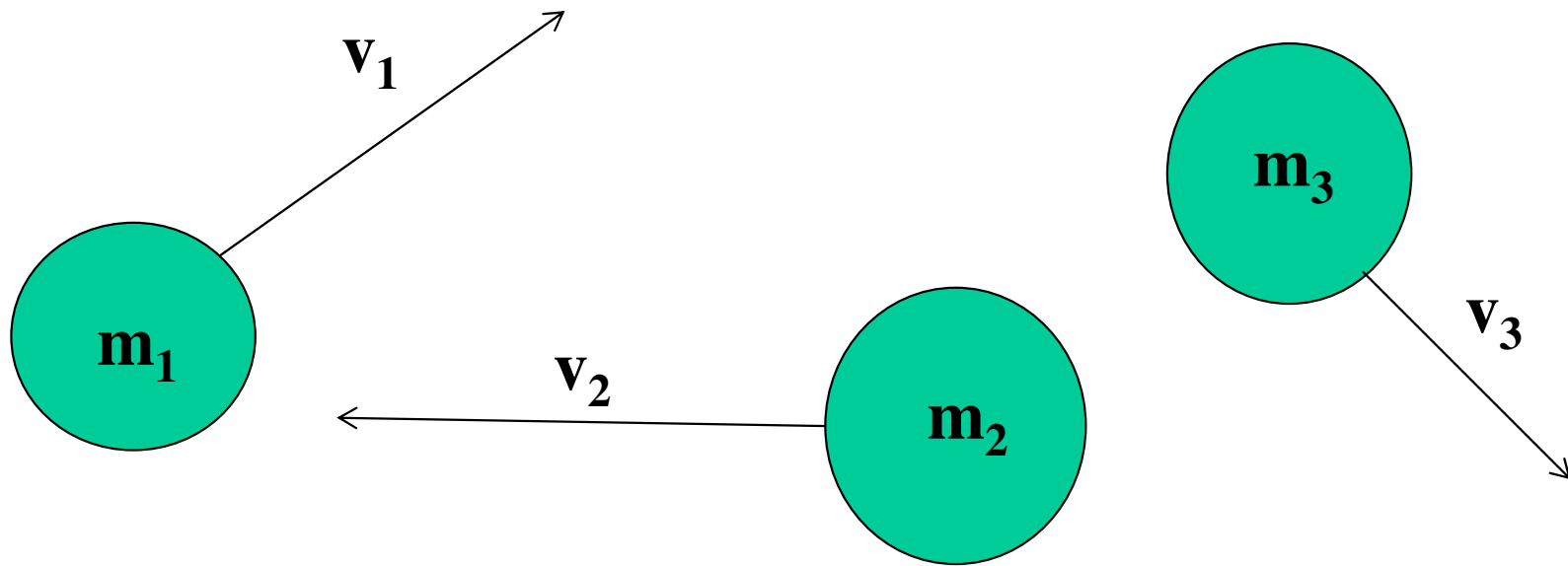


The net work done on an object is equal to the change in its kinetic energy



$$W_{net} = \Delta KE = KE_f - KE_o$$

A system of objects: Just add up their individual kinetic energies

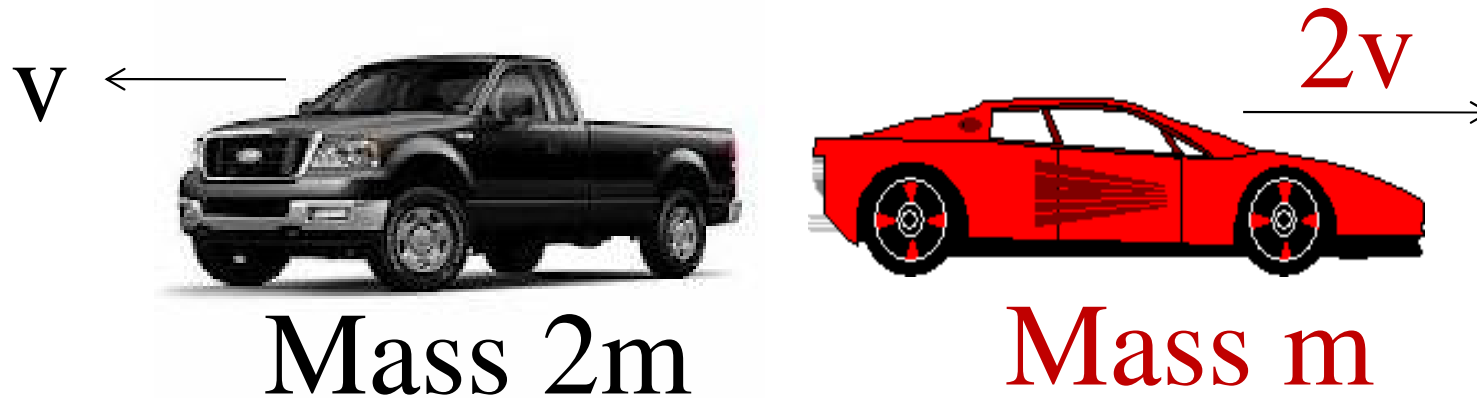


$$KE_{system} = \frac{1}{2} m_1 v_1^2 + \frac{1}{2} m_2 v_2^2 + \frac{1}{2} m_3 v_3^2$$

We will do systems more in the next chapter when we discuss collisions!

Examples: billiard balls and football players

# Kinetic Energy of a System



What is the kinetic energy of the system of vehicles?

Can KE(system)  
ever be negative?  
Ever zero?

- A) 0
- B)  $\frac{1}{2} mv^2$
- C)  $mv^2$
- D)  $2mv^2$
- E)  $3mv^2$



**Q55**



# Fun Example : The Flash

The Flash runs so fast that he can pluck bullets from the air (Flash's speed  $\geq$  speed of bullets).

Where does all of this energy come from?

Food. The Flash eats for the same reason we do.

$$KE = \frac{1}{2}mv^2$$

The Flash's (and our) caloric intake requirements increase quadratically the faster we run. Twice as fast means four times the calories needed to fuel the running.

Let's **estimate**, like you should for your movie calculation.



Flash's weight ~155 pounds or 70 kg

Let's say he is running at 1% the speed of light (not his top speed) = 1860 miles/s or 3 million m/s

$$\begin{aligned} \text{KE} &= \frac{1}{2} (70 \text{ kg}) (3,000,000 \text{ m/s})^2 \\ &= 315 \text{ trillion kg m}^2/\text{s}^2 \text{ (J)} = 75 \text{ billion Calories} \\ & \text{(0.00024 Calories = 1 kg m}^2/\text{s}^2 \text{ )} \end{aligned}$$



That's **150 million burgers!**

And if he stops, he would need another 150 million burgers to speed up again!



# Why does food give us energy?

It's not the kinetic energy of the atoms shaking. A hot meal has the same calories as a cold meal.

It's the potential energy locked in the chemical bonds. Remember that energy can never be created nor destroyed.



Bonds are treated like "springs" (Ch. 13).

The chemical energy in our food can be used for other activities like moving and growing.

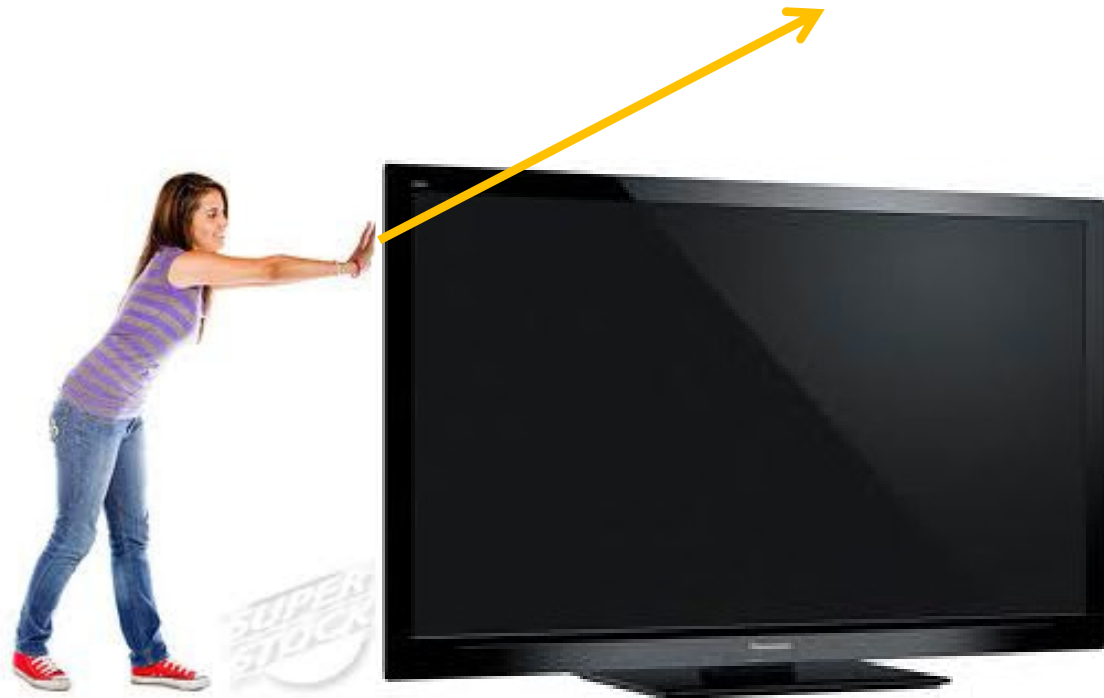


Cindy pushes her new 18 kg TV 20.0m at a **constant speed** and at an angle of 20 degrees from the rough carpet ( $\mu_k=0.50$ ).

A) What force does she apply?

B) How much work does she do on the TV?

C) What is the energy lost due to friction?



A cart on an air track is moving at  $1.0 \text{ m/s}$  when the air is suddenly turned off. The cart comes to rest after traveling  $1 \text{ m}$ . The experiment is repeated, but now the cart is moving at  $2 \text{ m/s}$  when the air is turned off. How far does the cart travel before coming to rest?

A)  $1 \text{ m}$

B)  $2 \text{ m}$

C)  $3 \text{ m}$

D)  $4 \text{ m}$

E) Impossible to determine

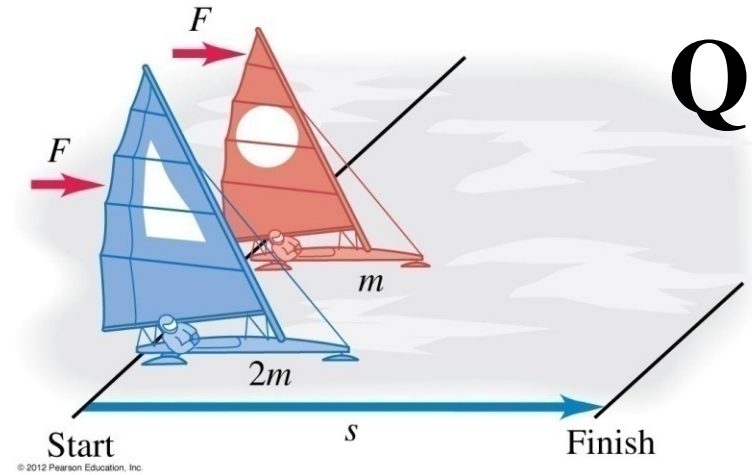


**Q56**



Q57

Two iceboats (one of mass  $m$ , one of mass  $2m$ ) hold a race on a **frictionless**, horizontal, frozen lake. Both iceboats start at rest, and the wind exerts the same constant force on both iceboats.



Which iceboat crosses the finish line with more kinetic energy (KE)?

- A. The iceboat of mass  $m$ : it has twice as much KE as the other.
- B. The iceboat of mass  $m$ : it has 4 times as much KE as the other.
- C. The iceboat of mass  $2m$ : it has twice as much KE as the other.
- D. The iceboat of mass  $2m$ : it has 4 times as much KE as the other.
- E. They both cross the finish line with the same kinetic energy.

A satellite is moving around the Earth in a circular orbit.  
Over the course of an orbit, the Earth's gravitational force

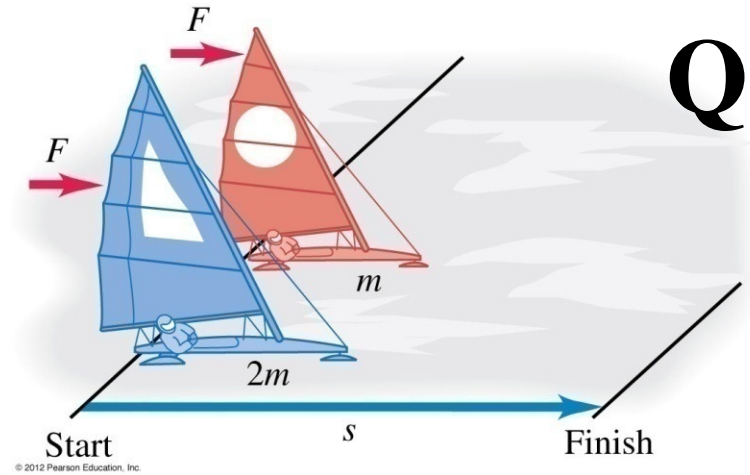
- A. does positive work on the satellite.
- B. does negative work on the satellite.
- C. does positive work on the satellite during part of the orbit and negative work on the satellite during the other part.
- D. does zero work on the satellite at all points in the orbit.





Q59

Two iceboats (one of mass  $m$ , one of mass  $2m$ ) hold a race on a frictionless, horizontal, frozen lake. Both iceboats start at rest, and the wind exerts the same constant force on both iceboats.



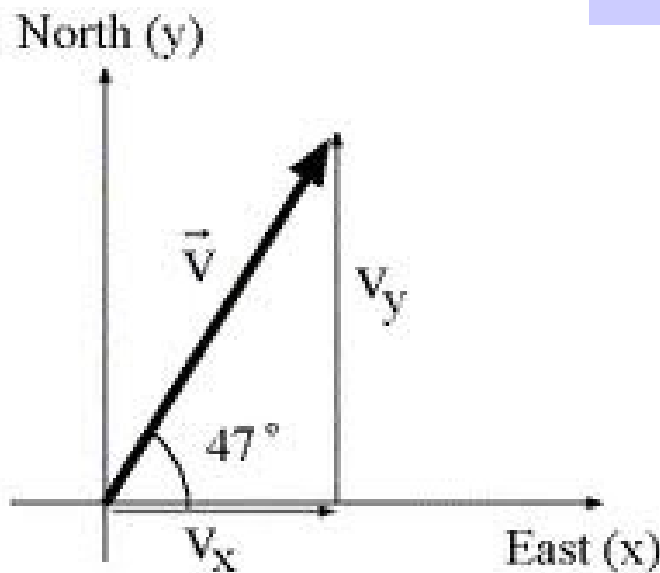
Which iceboat crosses the finish line with more kinetic energy (KE)?

- A. The iceboat of mass  $m$ : it has twice as much KE as the other.
- B. The iceboat of mass  $m$ : it has 4 times as much KE as the other.
- C. The iceboat of mass  $2m$ : it has twice as much KE as the other.
- D. The iceboat of mass  $2m$ : it has 4 times as much KE as the other.
- E. They both cross the finish line with the same kinetic energy.



# Energy is a scalar, Velocity is not

$$KE = \frac{1}{2}mv^2$$



In two dimensions

$$v^2 = v_x^2 + v_y^2 \quad (\text{pythagorean theorem})$$

In three dimensions

$$v^2 = v_x^2 + v_y^2 + v_z^2$$

I will not test you on three dimensions, but it could show up on the MCAT or DAT



# Clicker Answers

Chapter/Section: Clicker #=Answer

54=C, 55=E, 56=D, 57=E, 58=D, 59=E